

Rhinotillexis mucophagy

I had a school teacher
who would pick his nose
and then roll its contents
slowly all the way around his face

like a snow ball
growing larger as it tumbled
gathering on its journey
tiny traces of his day

Up to and along his forehead
down one cheek
across the chin
up the other cheek
across and back down
the side of his nose
to his lips
to be captured by his tongue
taken into his mouth
and played with
and savoured and then
swallowed

It was the only thing he ever really taught us